



Celebrating October

**Italian-American Heritage
Month**

Popcorn Poppin' Month

Computer Learning Month

**International Frugal Fun
Day**
October 1

Do Something Nice Day
October 5

Columbus Day (U.S.)
October 10

International Skeptics Day
October 13

World Pasta Day
October 25

Halloween
October 31

OCTOBER HAPPENINGS

The feel of fall is in the air and we are certainly getting ready to enjoy some fall activities. On our schedule is a foliage trip, a visit to Mac's Farm Stand, fall shopping, and a number of entertainers who will usher in the season with us. Even our baking and craft activities will embrace the essence of fall. Let's not forget our all out Halloween Bash!

There will be a couple of special days we will celebrate! We will have a "Welcome back Brady" party on October 9th and hail the return of the Patriots quarterback. Join us if you can, we would love to have you. "Say Something Silly Day" on October 13th will embrace all those silly phrases we say like "I'll be a monkey's uncle". We will create a large poster with residents, staff and any visitors who want to join in! As for Popcorn Poppin' Month we have that covered with our new popcorn popper that we use in the activity room. It's a throwback to an old time machine, and the smell of the popcorn popping is intoxicating.

It was great to see so many family and friends at our Family Bar-B-Que. I hope you had as much fun as our staff and board did meeting you. Wasn't the food magnificent? Kudos to our Dietary Department for preparing all that food and serving it with a smile.

Happy Fall,
Lyn Collins
Director of Activities

The Sweet Smell of Failure

Behind almost every great success story is a story of failure. Even American musical icon Bob Dylan once lost a high school talent competition to a group of tap dancers. Success should never be a foregone conclusion, and for this reason, we celebrate International Day for Failure on October 13.



Bill Gates is one of the world's most successful billionaires, but that wasn't always so. Before Microsoft, Gates and Microsoft partner Paul Allen founded a company called Traf-O-Data, which attempted to analyze traffic flows. The company, and the computer designed to record traffic, was a failure, but the venture was an important stepping-stone to what would become Microsoft.

The name George Steinbrenner is synonymous with the World Champion New York Yankees teams from 1996–2003. Before taking the helm of the Yankees, Steinbrenner owned the Cleveland Pipers basketball team. His poor ownership and sometimes rash decision-making (he once sold one of his players to the opposing team during a game's halftime) caused the team to fold after just two years, and Steinbrenner personally lost two million dollars.

Oprah Winfrey is one of the world's most recognizable public figures and a self-made billionaire. But early in her career, struggling in the world of Baltimore television news, one of her bosses told her she was too emotional and "unfit for television news." She went on to run *The Oprah Winfrey Show* for 25 seasons.

The list of successful failures goes on and on: Steve Jobs was once fired from Apple; Walt Disney was told he wasn't creative enough; JK Rowling was fired from her job as a secretary; Julia Child was fired as an advertising manager for "gross insubordination"; Jerry Seinfeld was fired from a sitcom. Take it from Oprah, failure is often a gift leading to "life-changing opportunity."

Holy Mole-y

What holiday is celebrated on October 23 from 6:02 AM until 6:02 PM? Mole Day! That's not the burrowing garden pest we're talking about but rather the chemistry term. A mole measures the number of atoms or molecules in any given chemical sample. One mole is equal to 6.02×10^{23} . (Note the 6.02 and the 10/23!) This number is known as Avogadro's number, thanks to chemist Amadeo Avogadro, who discovered this measure in the 1800s. Avogadro called his number a "mole" as a shortened version of *molecule*. So, how big is a mole? 602,214,130,000,000,000,000,000 to be exact. Just think, when you drink a glass of water, you've just taken in 13 moles of water molecules. Feel full yet? While chemists may celebrate the day measuring molecules, we can celebrate by eating avocados (in honor of Avogadro) and making a Mexican mole sauce.

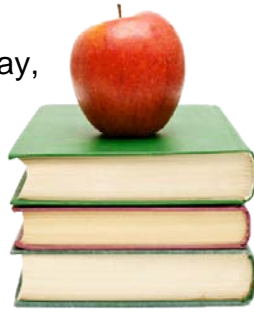
Bob's Your Uncle

Sometimes we say the silliest things, but feel free on October 13 to use as many silly sayings as you want, for it's Silly Saying Day. "When pigs fly" is a saying used when you mention something that will never happen, just like a pig flying. Did you ever stop to "chew the fat" with a friend? This means to chat or gossip, but it's a nautical expression from early sailors who, when work was slow, would talk while chewing on a snack of salt-hardened fat. You've likely never used the expression "enough to cobble dogs with," which means that you have a lot of something, just as if a shoe cobbler had so much leather he could make many tiny shoes for all of our four-legged friends. And there you have it, "Bob's your uncle." Don't know that one? It means everything is all right, done, and successful, sort of like saying, "And that's that." No word, though, on who Bob was or why things always worked out so great for him.



Teacher Appreciation

October 5 is World Teachers' Day, and people all over the world will be turning their thoughts to that special teacher in their life who offered them guidance or support. But are happy memories enough to honor these unsung community heroes? Many believe that education is one of the most important gifts we can give our children and the best way to ensure they grow up to have a better life, but which countries do the best job of honoring teachers?



According to a study compiled by professor Peter Dolton of England's University of Sussex, no place in the world respects its teachers more than in China. There is a high level of respect for learning in China, and teachers are revered on par with doctors by parents and students alike.

Interestingly, though, the highest performing students are not from China but from Finland. Finnish students consistently outperform other countries in international tests of reading, math, and science. Yet, when it comes to respecting teachers, Finland lies in the bottom half of the worldwide ratings.

Perhaps another good measure of teacher appreciation is salary. In that case, Switzerland leads the pack, paying teachers an average annual salary of \$68,000. But when it comes to compensation, one American educator recently got a big show of thanks. Nancie Atwell has been running a small K-8 school in coastal Maine for 25 years. Imagine her surprise when she was called to Dubai to receive the first ever Global Teacher Prize. Called the "Nobel Prize" for teachers, Atwell received a \$1 million award. Now that's teacher appreciation!

Of course, teachers do not take their jobs for the money. There are countless ways to thank them on World Teachers' Day: thank you cards, small tokens or gifts, or even that everlasting symbol of teacher appreciation, a red apple.

Gaudy by Design

Delve deep into your closet and find something gaudy to wear on October 17, Wear Something Gaudy Day. Gaudy typically refers to clothing or accessories that are flashy, ostentatious, and unfashionable. But even fashion experts wonder, "Is gaudy ever good?" Sometimes wearing a little bit of flash makes you feel fabulous. As Shelly Adams, owner of the "A Little Bit Gaudy" boutique, says gaudy is just "fashion with attitude." Fashion experts assert that clothes often reflect how we feel about ourselves and can even boost our moods to make us feel better, smarter, and more empowered. So, if your style is one with a bit of flash and pizzazz, then perhaps that's just a reflection of your confidence and self-assuredness.

Feeling Squirrelly

Some think of squirrels as small pests, adept at infiltrating your home or invading your bird feeders, but they are nature's most nimble and adaptable creatures. They are extremely active in October, burying nuts and storing food for the long, cold winter. For this reason, October is Squirrel Awareness Month.



Squirrels inhabit every continent except Australia and Antarctica. There are 265 different species but three basic kinds: tree squirrels, ground squirrels, and flying squirrels. They come in all different sizes, from the mouse-sized African pygmy squirrel, which is only three inches long, to the Indian giant squirrel, which grows up to three feet. Squirrels are very cunning, often pretending to bury nuts in order to fool other spying squirrels. The problem is, they sometimes forget where they have buried the real nuts! As a result, you may spy new trees growing in your yard come springtime. Perhaps we should consider ourselves lucky to live in such close quarters with these amazing little beasts.

Enchantress of Numbers

Ada Byron was born in 1815, the daughter of famed English poet Lord Byron and Anne Isabelle Milbanke, but the girl never met her father, for her parents separated just a month after she was born. Four short months later, Lord Byron died in Greece. Ada's mother, Lady Byron, wanted Ada to be wholly different from her father. Instead of poetry, Ada was tutored in mathematics. The fruits of her education were apparent early in her life when at age 12 she designed a flying machine. Her skill and contributions in her field have earned Ada her own holiday, Ada Lovelace Day on October 11, a day to celebrate all women in the fields of science, technology, engineering, and mathematics.



Lady Byron raised Ada in high society, where many wealthy and privileged men dabbled in scientific pursuits like botany, astronomy, and geology. There weren't professional scientists back then, so any scientific pursuit was purely a hobby or pastime. When Ada grew up, she befriended one of these curious-minded men, a scientist named Charles Babbage, who studied mathematics. The two wrote to each other often, deeply discussing topics of math and logic.

Ada became known as Ada, Countess of Lovelace, in 1838, after marrying William King, Earl of Lovelace. It was not long after her marriage that her old friend Charles Babbage asked her for help with his newest invention, a calculating machine he called an "analytical engine." This was a precursor to modern-day computers, earning Babbage the nickname of "father of the computer." Ada, working on the machine, called herself an "analyst." She predicted that such machines would not just crunch numbers but incorporate text, pictures, and music. Historians now call her the world's first computer programmer. Babbage, although not a poet like Ada's father, bestowed on his protégé an even better title: "Enchantress of Numbers."

October Birthdays

In astrology, those born between October 1st and 22nd balance the scales of Libra. Libras seek equality, justice, and harmony. Eager to cooperate, Libras are charming diplomats who seek compromise and good will. Those born between October 23rd and 31st are Scorpios. Scorpios are passionate and assertive leaders who value honesty and fairness above all, but betray a Scorpio and suffer the scorpion sting. Befriend a Scorpio and you will have not just a friend for life, but an advocate and confidant.

WELCOME TO EVERGREEN PLACE

BENCY JEAN-BAPTISTE , LPN- Nursing

Cook the Books



If you've got an idea for a cookbook, October 12, Cookbook Launch Day, may be the time to publish it. Remember, the cookbook industry is competitive, and you need an original idea. Take, for example, the cookbook *Manifold Destiny*, which includes recipes for cooking on your car engine. Feeling blue? *The Happy Baker* cookbook provides recipes to pick you up after a romantic breakup. *Mini-Mart à la Carte* is a cookbook for people who do their shopping at gas stations. And of course there are cookbooks not for humans, but for our pets. It seems that even the most outlandish cookbook ideas can be appetizing. A more traditional route might be to gather your friends and compile a homemade cookbook out of all your favorite recipes.